



Learn Beyond

**KPR Institute of Engineering and Technology**

(Autonomous, NAAC "A")

Avinashi Road, Arasur, Coimbatore.

**Phone:** 0422-2635600**Web:** kpriet.ac.in**Social:** kpriet.ac.in/social**FILM001****NBA Accredited**  
(CSE, ECE, EEE,  
MECH, CIVIL)**SHORT FILM COMPETITION - MENTAL HEALTH AWARENESS CAMPAIGN HAPPINESS IS YOUR CHOICE**

<b>Event No</b>	FILM001
<b>Organizing Department</b>	Film Club
<b>Associate Dept.   NSC</b>	Sangamam Clubs
<b>Date</b>	10/10/2022 to 30/10/2022 (21 Days)
<b>Time</b>	10:00 AM to 12:00 PM
<b>Event Type</b>	Club Activity
<b>Event Level</b>	Club Society
<b>Venue</b>	KPRIET
<b>Registration Link</b>	<a href="https://bit.ly/MHAShortFilm">https://bit.ly/MHAShortFilm</a>
<b>Total Participants</b>	70
<b>Students - Internal</b>	30
<b>Students - External</b>	40

**Related SDG****Involved Staffs**

Sl	Name	Role
1	Dhivya K	Coordinator

**Outcome**

Through this event students able to create mental health awareness through their shortfil

**Event Summary**

Being aware of your overall health is important so that you can detect any symptoms and seek professional help when necessary. While everyone is familiar familiar with the symptoms and treatment options for common illnesses that affect their loved ones, like the flu, migraines, or and (most recently) COVID-19, many people are unsure how to look after their mental health. Raising mental health awareness can help you to understand your symptoms, find professional treatment, and, perhaps most importantly, break the mental health stigma that leaves so many people suffering in secret. Mental health awareness is something that can help the millions of people who are impacted by mental health issues throughout the United States. According to the National Alliance on Mental Illness (NAMI), one in five adults have had or currently have symptoms of a mental illness. Some common disorders that need more awareness include: Generalized anxiety disorder, Substance use disorders, Depression, Bipolar disorder, Post-traumatic stress disorder, Schizophrenia, Suicidal ideation. Though all of these mental health conditions have different symptoms, they can impact every aspect of your life. In truth, your mental health influences the way that you think, feel, and behave. This means that your social, professional, and personal life can be greatly impaired. The film club of sangamam along with mental health club launched the short film competition to internal and external participants to exhibit their awareness of mental health. Around 70+ participants took part in the competition, 30 Internal and 40 external participated. Among all short film best 3 films was selected and rewarded

\*\*\* END \*\*\*